

August 2025

Lunch Menu



COMMUNITY ACTION
OF NAPA VALLEY

PLEASE CALL (707) 253-6100 Ext. 111 FOR RESERVATIONS OR CANCELLATIONS 48 HOURS IN ADVANCE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
*Indicates High Vitamin C Source **Indicates High Vitamin A Source ***Indicates High Vitamin A and Vitamin C Source Denotes sodium > 1000mg 				1 Vegetarian Bean Chili Garlic Whipped Potatoes* Mixed Vegetable Blend** Whole Grain Dinner Roll Hot Pineapple Tidbits Milk	2 Honey Mustard Chicken Breast Hashbrown Potatoes Green Beans Whole Grain Hamburger Bun Fresh Orange* Milk	3 Beef/Turkey Taco Meat Brown Cilantro Lime Rice Pinto Beans Hot Cinnamon Applesauce* Milk Taco Sauce
4 Vegetarian Chile Relleno Fiesta Vegetable Blend** Whole Wheat Flour Tortilla Fresh Orange* Chocolate Milk	5 Potato Crusted Pollock Lemon Brown Rice Green Peas Hot Applesauce* Milk Tartar Sauce	6 Yogurt Dill Chicken Salad Carrot Raisin Salad** Whole Wheat Bread Slices (2) Tropical Fruit Cup* Milk	7 Beef Patty Whipped Potatoes* Broccoli* Whole Grain Hamburger Bun Fresh Pear Milk Ketchup	8 Chicken Jambalaya <i>(Brown Rice in entrée)</i> Okra & Tomatoes w/Corn Collard Greens*** Fresh Apple Milk	9 Egg Patty w/Cheese Breakfast Turkey Sausage Patty Parslied Potatoes* Whole Wheat English Muffin Hot Peaches Milk	10 Chopped Steak w/Mushroom Gravy Brown Pilaf Rice Whole Kernel Corn Green Beans Fresh Orange* Milk
11 Tandoori Garden Meatballs Brown Rice Green Peas Hot Applesauce* Milk	12 Herbed Pork Loin Whipped Potatoes* Mixed Vegetable Blend** Whole Grain Dinner Roll Fresh Apple Milk	13  Chef Turkey Salad California Vegetable Salad** Whole Grain Dinner Roll Fresh Orange* Milk Italian Salad Dressing (2)	14 Potato Crusted Pollock w/ Dill Sauce Brown Rice Pilaf Broccoli* Fresh Pear Milk	15 Beef/Turkey Taco Meat Cilantro Brown Rice Pinto Beans <i>New!</i> Spanish Carrots** Pineapple Tidbit Fruit Cup* Chocolate Milk	16 Breaded Chicken <i>(WG Breeding on Chicken)</i> Country Style Gravy Whole Kernel Corn Winter Vegetables* Peach Fruit Cup* Milk	17 Beef Tips w/Gravy Whipped Potatoes* Green Peas Whole Grain Dinner Roll Hot Pineapple Tidbits Milk
18 Omelet w/Black Beans O'Brien Potatoes* Whole Wheat English Muffin Hot Peaches Milk Grape Jelly	19 Chicken Fried Rice <i>(Brown Rice in entrée)</i> Whole Kernel Corn w/Carrots** Asian Green Beans Fresh Orange* Milk Fortune Cookie	20 Pizza Casserole <i>(Whole Grain Pasta in entrée)</i> Broccoli* Spinach Salad** Hot Pineapple Tidbits Chocolate Milk Italian Salad Dressing	21 Thai Chicken Satay Brown Rice Green Peas California Vegetable Blend** Applesauce Fruit Cup* Milk	22 Cuban Pork Sandwich Swiss Cheese Brussels Sprouts* Whole Grain Hamburger Bun Plantains Milk Mustard	23 Stuffed Pepper Skillet Succotash** Whole Wheat Bread Hot Applesauce* Milk	24 Breaded Krab Cake Brown Lemon Rice Green Peas Fresh Orange* Milk
25 Meatloaf w/Brown Gravy Sweet Whipped Potatoes** Green Beans Whole Wheat Bread Applesauce Fruit Cup* Chocolate Milk	26 BBQ Pork Riblet Whole Grain Macaroni & Cheese Collard Greens*** Fresh Pear Milk	27 Chicken Fajita Salad Fiesta Black Beans Mixed Green Salad** Whole Grain Tortilla Chips Fresh Orange* Milk Ranch Salad Dressing	28 <i>New!</i> Falafel Ball Stroganoff Whole Grain Penne Pasta Whole Kernel Corn Broccoli* Fresh Apple Milk	29 <i>Independence Day Meal</i> Turkey Frankfurter Tater Tots Dilled Carrots** Whole Wheat Hot Dog Bun Pear Fruit Cup* Chocolate Chip Cookie Milk	30 Breaded Chicken Cordon Bleu <i>(WG Breeding on Chicken)</i> Mixed Vegetables** Hot Applesauce* Graham Crackers Milk	31 BBQ Pulled Pork Whole Kernel Corn Green Beans Whole Grain Hamburger Bun Fresh Orange*  Milk