


February 2025 Lunch Menu



**COMMUNITY ACTION
OF NAPA VALLEY**

PLEASE CALL (707) 253-6100 Ext. 111 FOR RESERVATIONS OR CANCELLATIONS 48 HOURS IN ADVANCE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Meals on Wheels Program 938 Kaiser Rd., Napa, CA 94558					1 Breaded Krab Cake Brown Lemon Rice California Vegetables*** Fresh Pear Milk	2 Stuffed Pepper Skillet* Carrots** Whole Wheat Bread Hot Pineapple Tidbits Milk
3 Beef Taco Meat Pinto Beans Fiesta Vegetable Blend*** Whole Wheat Tortilla Fresh Pear Milk	4 Chicken Gumbo Brown Rice Broccoli* Fresh Orange* Sugar Cookie Milk	5 Meatloaf w/ Gravy Whipped Potatoes* Tossed Salad Whole Wheat Bread Fresh Apple Chocolate Milk Italian Salad Dressing	6 Creamy Paprika Chicken Whole Grain Rotini Pasta Corn & Carrots** Brussels Sprouts* Fresh Pear Milk	7 Cheese Omelet w/Bruschetta Tater Tots Spinach** Whole Wheat Bread Fresh Orange* Milk Ketchup	8 BBQ Pulled Pork Whole Kernel Corn Green Beans w/Red Peppers* Whole Grain Hamburger Bun Fresh Pear Milk	9 Breaded Chicken Cordon Bleu (WG Breeding on Chicken) Carrots** Hot Applesauce* Milk
10 Chicken Chili Whole Kernel Corn Green Beans w/Carrots** Whole Grain Roll Fresh Orange* Milk	11 Pork Stir Fry** (Mixed Vegetables in Entrée) Brown Rice Broccoli* Fresh Apple Milk	12 Harvest Chicken Salad** Whole Grain Roll Tropical Fruit* Milk Italian Salad Dressing (2)	13 Salisbury Steak w/ Gravy Whipped Potatoes* Mixed Vegetable Blend** Whole Grain Dinner Roll Fresh Apple Chocolate Milk	14 <i>Valentine's Day Meal</i> Spinach Lasagna** Green Peas Cauliflower* Fresh Pear Milk	15 Beef Tips w/Gravy Whipped Potatoes* Green Beans Whole Grain Dinner Roll Hot Peaches Milk	16 Mozzarella Chicken (WG Breeding on Chicken) Tuscany Vegetable Blend* Hot Pineapple Tidbits Milk
17 Beef/Turkey Sloppy Joe Tater Tots Broccoli w/Cartos*** Whole Grain Hamburger Bun Fresh Pear Chocolate Milk	18 Chicken Noodle Bake (WG Pasta in Entrée) Garden Vegetable Blend*** Fresh Apple Milk Graham Crackers	19 Pork Al Pastor Brown Rice Southwest Corn* Tossed Salad Fresh Pear Milk Ranch Salad Dressing	20 Onion Smothered Beef Whipped Potatoes* Green Beans Whole Grain Dinner Roll Fresh Apple Milk	21 Lemon Pepper Tilapia WG Macaroni & Cheese Peas & Carrots* Tropical Fruit* Milk	22 Egg Patty w/Cheese Breakfast Turkey Sausage Hashbrown Potatoes Whole Wheat English Muffin Hot Applesauce* Milk	23 Chopped Steak w/Mushroom Gravy Brown Pilaf Rice Fall Vegetable Hash* Carrots** Fresh Pear Milk
24 Tuscan Chicken Meatballs Whole Grain Rotini Pasta Tuscany Vegetable Blend*** Fresh Apple Milk	25 BBQ Pork Riblet Hawaiian Baked Beans Carrots** Whole Grain Hamburger Bun Fresh Orange* Chocolate Milk	26 Chicken Tortilla Soup California Vegetable Blend*** Tossed Salad WG Tortilla Chips Fresh Apple Milk Ranch Salad Dressing	27 Turkey Breast w/ Gravy Whipped Sweet Potatoes*** Brussels Sprouts* Whole Grain Dinner Roll Fresh Pear Milk Margarine	28 Tofu Fried Rice Edamame Japanese Vegetable Blend* Fresh Apple Milk Fortune Cookie	*Indicates High Vitamin C Source **Indicates High Vitamin A Source ***Indicates High Vitamin A and Vitamin C Source  Denotes sodium > 1000mg	