

July 2025

Lunch Menu



COMMUNITY ACTION
OF NAPA VALLEY

PLEASE CALL (707) 253-6100 Ext. 111 FOR RESERVATIONS OR CANCELLATIONS 48 HOURS IN ADVANCE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Creole Tilapia Parslied Potatoes* Succotash w/Carrots** Whole Grain Dinner Roll Fresh Apple Milk	2 Beef/Turkey Chili California Vegetable Blend** Tossed Salad Cornbread Fresh Orange* Milk Italian Salad Dressing	3 <i>Independence Day Meal</i> Turkey Frankfurter Tater Tots Dilled Carrots Whole Wheat Hot Dog Bun Applesauce Fruit Cup* Milk Ketchup Mustard	4 Meatloaf w/Ketchup Sauce Garlic Whipped Potatoes* Green Beans Whole Grain Dinner Roll Fresh Pear Milk <i>Congregate Closed for Holiday</i>	5 Breaded Chicken Cordon Bleu <i>(WG Breeding on Chicken)</i> Mixed Vegetables** Hot Applesauce* Graham Crackers Milk	6 BBQ Pulled Pork Whole Kernel Corn Green Beans Whole Grain Hamburger Bun Tropical Fruit Cup Milk
7 Tandoori Garden Meatballs Brown Rice Green Peas Hot Applesauce* Milk	8 Herbed Pork Loin Whipped Potatoes* Mixed Vegetable Blend** Whole Grain Dinner Roll Fresh Apple Milk	9  Chef Turkey Salad California Vegetable Salad** Whole Grain Dinner Roll Fresh Orange* Milk Italian Salad Dressing (2)	10 Potato Crusted Pollock w/ Dill Sauce Brown Rice Pilaf Broccoli* Fresh Pear Milk	11 Beef/Turkey Taco Meat Cilantro Brown Rice Pinto Beans <i>New!</i> Spanish Carrots** Pineapple Tidbit Fruit Cup* Chocolate Milk	12 Breaded Chicken <i>(WG Breeding on Chicken)</i> Country Style Gravy Whole Kernel Corn Winter Vegetables* Peach Fruit Cup* Milk	13 Beef Tips w/Gravy Whipped Potatoes* Green Peas Whole Grain Dinner Roll Hot Pineapple Tidbits Milk
14 Omelet w/Black Beans O'Brien Potatoes* Whole Wheat English Muffin Hot Peaches Milk Grape Jelly	15 Chicken Fried Rice <i>(Brown Rice in entrée)</i> Whole Kernel Corn w/Carrots** Asian Green Beans Fresh Orange* Milk Fortune Cookie	16 Pizza Casserole (Whole Grain Pasta in entrée) Broccoli* Spinach Salad** Hot Pineapple Tidbits Chocolate Milk Italian Salad Dressing	17 Thai Chicken Satay Brown Rice Green Peas California Vegetable Blend** Applesauce Fruit Cup* Milk	18 Cuban Pork Sandwich Swiss Cheese Brussels Sprouts* Whole Grain Hamburger Bun Plantains Milk Mustard	19 Stuffed Pepper Skillet Succotash** Whole Wheat Bread Hot Applesauce* Milk	20 Breaded Krab Cake Brown Lemon Rice Green Peas Fresh Orange* Milk
21 Meatloaf w/Brown Gravy Sweet Whipped Potatoes** Green Beans Whole Wheat Bread Applesauce Fruit Cup* Chocolate Milk	22 BBQ Pork Riblet Whole Grain Macaroni & Cheese Collard Greens*** Fresh Pear Milk	23 Chicken Fajita Salad Fiesta Black Beans Mixed Green Salad** Whole Grain Tortilla Chips Fresh Orange* Milk Ranch Salad Dressing	24 <i>New!</i> Falafel Ball Stroganoff Whole Grain Penne Pasta Whole Kernel Corn Broccoli* Fresh Apple Milk	25 Baked Tilapia with Lemon Caper Sauce Whipped Potatoes* Dilled Carrots** Whole Grain Dinner Roll Fresh Pear Milk	26 Breaded Chicken Cordon Bleu <i>(WG Breeding on Chicken)</i> Mixed Vegetables** Hot Applesauce* Graham Crackers Milk	27 BBQ Pulled Pork Whole Kernel Corn Green Beans Whole Grain Hamburger Bun Fresh Orange* Milk
28 Creamy Chicken Marsala Whole Grain Penne Pasta Broccoli* Fresh Pear Milk	29 Salisbury Steak Steakhouse Sauce Whipped Potatoes* Parslied Carrots** Whole Grain Dinner Roll Fresh Apple	30 Lemon Pepper Tuna Salad Spinach Salad** Whole Wheat Bread Slices (2) Mandarin Oranges* Chocolate Milk Ranch Salad Dressing	31 Chicken a La King Brown Rice Whole Kernel Corn Cabbage* Fresh Pear Milk	*Indicates High Vitamin C Source **Indicates High Vitamin A Source ***Indicates High Vitamin A and Vitamin C Source  Denotes sodium > 1000mg		