

# February 2026 Lunch Menu



## COMMUNITY ACTION OF NAPA VALLEY

Meals on Wheels  
938 Kaiser Rd.,  
Napa, CA 94558

[www.canv.org](http://www.canv.org)

PLEASE CALL (707) 253-6100 Ext. 111 FOR RESERVATIONS OR CANCELLATIONS 48 HOURS IN ADVANCE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>2</b> Turkey/Beef Taco Meat Pinto Beans Mixed Vegetable Blend** Whole Wheat Tortilla Fresh Orange* Milk	<b>3</b> Spinach Omelet** Hashbrown Potatoes Whole Wheat Bread Hot Cinnamon Applesauce* Milk Grape Jelly	<b>4</b> Creamy Paprika Chicken Brown Rice Whole Kernel Corn w/Carrots** Brussels Sprouts* Fresh Orange* Milk	<b>5</b> Meatloaf w/ Brown Gravy Whipped Potatoes* Green Beans Whole Grain Dinner Roll Fresh Apple Milk	<b>6</b> Breaded Lemon Pepper Tilapia Whole Grain Au Gratin Pasta Okra and Tomatoes Fresh Orange* Milk	<b>7</b> Chicken Cordon Bleu <i>(WG Breading on Chicken)</i> Broccoli* Hot Peaches Graham Crackers Milk	<b>8</b> BBQ Pork Riblet Mixed Vegetables** Hot Applesauce* Whole Grain Dinner Roll Milk
<b>9</b> Chicken Chili Whole Kernel Corn Green Beans w/Carrots** Whole Grain Dinner Roll Fresh Orange* Milk	<b>10</b> Pork Stir Fry** <i>(Mixed Vegetables in Entrée)</i> Brown Rice Broccoli* Fresh Apple Milk	<b>11</b> Harvest Chicken Salad** Whole Grain Roll Mandarin Oranges, 4.5 oz* Milk Ranch Salad Dressing (2)	<b>12</b> Salisbury Steak w/ Brown Gravy Whipped Potatoes* Mixed Vegetable Blend** Whole Grain Dinner Roll Fresh Apple Milk	<b>13</b> Creamy Chickpea Tikka Brown Rice Lentil Vegetable Pilaf Cauliflower* Applesauce, 4.5 oz Milk	<b>14</b> Beef Tips w/Gravy Whipped Potatoes* Green Beans Whole Grain Dinner Roll Fresh Apple Milk	<b>15</b> Mozzarella Chicken Green Peas Tuscan Vegetable Blend** Fresh Orange* Milk
<b>16</b> Sloppy Joe Tater Tots Broccoli* Whole Grain Hamburger Bun Fresh Apple Milk	<b>17</b> Chicken Noodle Bake <i>(WG Pasta in Entrée)</i> Collard Greens*** Applesauce, 4.5 oz Milk	<b>18</b> <b>Ash Wednesday</b> Taco Seasoned Chickpeas Brown Rice Southwest Corn* Spanish Carrots** Fresh Orange* Milk	<b>19</b> Onion Smothered Beef  Whipped Sweet Potatoes*** Green Beans Whole Grain Dinner Roll Fresh Apple Milk	<b>20</b> Parmesan Breaded Tilapia WG Macaroni & Cheese Green Peas Fresh Orange* Milk	<b>21</b> Egg Patty  Breakfast Turkey Sausage Patty Hashbrown Potatoes Whole Wheat English Muffin Applesauce, 4.5 oz* Milk Grape Jelly	<b>22</b> Smothered Chopped Steak Brown Rice Brussels Sprouts* Carrots** Fresh Apple Milk
<b>23</b> Rosemary Chicken Breast Whipped Potatoes* Green Beans Whole Grain Dinner Roll Tropical Fruit, 4.5 oz* Milk	<b>24</b> Beef/Turkey Southwestern Stew California Vegetable Blend** WG Tortilla Chips Fresh Orange* Milk	<b>25</b> Tuscan Chicken Meatballs Whole Grain Pasta Florentine** Cauliflower* Fresh Apple Milk	<b>26</b> BBQ Pork Riblet Hawaiian Baked Beans Dilled Carrots** Whole Grain Hamburger Bun Applesauce, 4.5 oz* Milk	<b>27</b> Tofu Fried Rice Edamame Japanese Vegetable Blend Fresh Orange* Milk	<b>28</b> Breaded Chicken Hashbrown Potatoes Broccoli* Fresh Apple Milk BBQ Sauce	**Indicates High Vitamin A Source ***Indicates High Vitamin A and Vitamin C Source  Denotes sodium > 1000mg Lenten 02/20 - 04/02