

September 2025

Lunch Menu



COMMUNITY ACTION  
OF NAPA VALLEY

PLEASE CALL (707) 253-6100 Ext. 111 FOR RESERVATIONS OR CANCELLATIONS 48 HOURS IN ADVANCE

| Monday                                                                                                                                         | Tuesday                                                                                                                                                           | Wednesday                                                                                                                                                                                                                          | Thursday                                                                                                                     | Friday                                                                                                                                                     | Saturday                                                                                                                                                                                                                                   | Sunday                                                                                                                         |
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| <b>1</b><br>Creamy Chicken Marsala<br>Whole Grain Penne Pasta<br>Broccoli*<br>Fresh Pear<br>Milk<br><br><i>Congregate Closed for Holiday</i>   | <b>2</b><br>Salisbury Steak<br>Steakhouse Sauce<br>Whipped Potatoes*<br>Parslied Carrots**<br>Whole Grain Dinner Roll<br>Fresh Apple                              | <b>3</b><br>Lemon Pepper Tuna Salad<br>Spinach Salad**<br>Whole Wheat Bread Slices (2)<br>Mandarin Oranges*<br>Chocolate Milk<br>Ranch Salad Dressing                                                                              | <b>4</b><br>Chicken a La King<br>Brown Rice<br>Whole Kernel Corn<br>Cabbage*<br>Fresh Pear<br>Milk                           | <b>5</b><br>Vegetarian Bean Chili<br>Garlic Whipped Potatoes*<br>Mixed Vegetable Blend**<br>Whole Grain Dinner Roll<br>Hot Pineapple Tidbits<br>Milk       | <b>6</b><br>Honey Mustard Chicken Breast<br>Hashbrown Potatoes<br>Green Beans<br>Whole Grain Hamburger Bun<br>Fresh Orange*<br>Milk                                                                                                        | <b>7</b><br>Beef/Turkey Taco Meat<br>Brown Cilantro Lime Rice<br>Pinto Beans<br>Hot Cinnamon Applesauce*<br>Milk<br>Taco Sauce |
| <b>8</b><br>Vegetarian Chile Relleno<br>Fiesta Vegetable Blend**<br>Whole Wheat Flour Tortilla<br>Fresh Orange*<br>Chocolate Milk              | <b>9</b><br>Potato Crusted Pollock<br>Lemon Brown Rice<br>Green Peas<br>Hot Applesauce*<br>Milk<br>Tartar Sauce                                                   | <b>10</b><br>Yogurt Dill Chicken Salad<br>Carrot Raisin Salad**<br>Whole Wheat Bread Slices (2)<br>Tropical Fruit Cup*<br>Milk                                                                                                     | <b>11</b><br>Beef Patty<br>Whipped Potatoes*<br>Broccoli*<br>Whole Grain Hamburger Bun<br>Fresh Pear<br>Milk<br>Ketchup      | <b>12</b><br>Chicken Jambalaya<br><i>(Brown Rice in entrée)</i><br>Okra & Tomatoes w/Corn<br>Collard Greens***<br>Fresh Apple<br>Milk                      | <b>13</b><br>Egg Patty w/Cheese<br>Breakfast Turkey Sausage Patty<br>Parslied Potatoes*<br>Whole Wheat English Muffin<br>Hot Peaches<br>Milk                                                                                               | <b>14</b><br>Chopped Steak w/Mushroom Gravy<br>Brown Pilaf Rice<br>Whole Kernel Corn<br>Green Beans<br>Fresh Orange*<br>Milk   |
| <b>15</b><br>Tandoori Garden Meatballs<br>Brown Rice<br>Green Peas<br>Hot Applesauce*<br>Milk                                                  | <b>16</b><br>Herbed Pork Loin<br>Whipped Potatoes*<br>Mixed Vegetable Blend**<br>Whole Grain Dinner Roll<br>Fresh Apple<br>Milk                                   | <b>17</b> <br>Chef Turkey Salad<br>California Vegetable Salad**<br>Whole Grain Dinner Roll<br>Fresh Orange*<br>Milk<br>Italian Salad Dressing (2) | <b>18</b><br>Potato Crusted Pollock<br>w/ Dill Sauce<br>Brown Rice Pilaf<br>Broccoli*<br>Fresh Pear<br>Milk                  | <b>19</b><br>Beef/Turkey Taco Meat<br>Cilantro Brown Rice<br>Pinto Beans<br><i>New!</i> Spanish Carrots**<br>Pineapple Tidbit Fruit Cup*<br>Chocolate Milk | <b>20</b><br>Breaded Chicken<br><i>(WG Breeding on Chicken)</i><br>Country Style Gravy<br>Whole Kernel Corn<br>Winter Vegetables*<br>Peach Fruit Cup*<br>Milk                                                                              | <b>21</b><br>Beef Tips w/Gravy<br>Whipped Potatoes*<br>Green Peas<br>Whole Grain Dinner Roll<br>Hot Pineapple Tidbits<br>Milk  |
| <b>22</b><br>Omelet w/Black Beans<br>O'Brien Potatoes*<br>Whole Wheat English Muffin<br>Hot Peaches<br>Milk<br>Grape Jelly                     | <b>23</b><br>Chicken Fried Rice<br><i>(Brown Rice in entrée)</i><br>Whole Kernel Corn w/Carrots**<br>Asian Green Beans<br>Fresh Orange*<br>Milk<br>Fortune Cookie | <b>24</b><br>Pizza Casserole<br>(Whole Grain Pasta in entrée)<br>Broccoli*<br>Spinach Salad**<br>Hot Pineapple Tidbits<br>Chocolate Milk<br>Italian Salad Dressing                                                                 | <b>25</b><br>Thai Chicken Satay<br>Brown Rice<br>Green Peas<br>California Vegetable Blend**<br>Applesauce Fruit Cup*<br>Milk | <b>26</b><br>Cuban Pork Sandwich<br>Swiss Cheese<br>Brussels Sprouts*<br>Whole Grain Hamburger Bun<br>Plantains<br>Milk<br>Mustard                         | <b>27</b><br>Stuffed Pepper Skillet<br>Succotash**<br>Whole Wheat Bread<br>Hot Applesauce*<br>Milk                                                                                                                                         | <b>28</b><br>Breaded Krab Cake<br>Brown Lemon Rice<br>Green Peas<br>Fresh Orange*<br>Milk                                      |
| <b>29</b><br>Meatloaf w/Brown Gravy<br>Sweet Whipped Potatoes**<br>Green Beans<br>Whole Wheat Bread<br>Applesauce Fruit Cup*<br>Chocolate Milk | <b>30</b><br>BBQ Pork Riblet<br>Whole Grain Macaroni & Cheese<br>Collard Greens***<br>Fresh Pear<br>Milk                                                          |                                                                                                                                                                                                                                    |                                                                                                                              |                                                                                                                                                            | *Indicates High Vitamin C Source<br>**Indicates High Vitamin A Source<br>***Indicates High Vitamin A and Vitamin C Source<br> Denotes sodium > 1000mg |                                                                                                                                |