


August 2026 Lunch Menu



COMMUNITY ACTION OF NAPA VALLEY

PLEASE CALL (707) 253-6100 Ext. 111 FOR RESERVATIONS OR CANCELLATIONS 48 HOURS IN ADVANCE

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|--|--|
| <p>*Indicates High Vitamin C Source **Indicates High Vitamin A Source ***Indicates High Vitamin A and Vitamin C Source Denotes sodium > 1000mg </p> | | | <p>CANV Meals on Wheels Program 938 Kaiser Rd., Napa, CA 94558 www.canv.org 707-253-6100 ext. 120</p> | | <p>1 Turkey Taco Meat Cilantro Brown Rice Pinto Beans Spanish Carrots** Fresh Orange* Milk Taco Sauce</p> |
| <p>3 Krab Cake Lemon Brown Rice Green Peas Fresh Orange* Milk Tartar Sauce</p> | <p>4 BBQ Pork Riblet <i>New!</i> Roasted Garlic Potatoes* Broccoli* Whole Grain Hamburger Bun Fresh Pear Milk</p> | <p>5 Whole Grain Chicken Tenders <i>Whole Grain Breading on Chicken</i> Tossed Garden Salad Carrot Raisin Salad** Pineapple Tidbits, 4.5 oz* Milk Ranch Salad Dressing (2)</p> | <p>6 Vegetarian Chile Relleno Mixed Vegetables** Whole Wheat Tortilla Hot Applesauce* Chocolate Milk</p> | <p>7 Chicken Jambalaya Brown Rice in entrée Okra & Tomatoes Collard Greens*** Fresh Apple Milk</p> | <p>8 Omelet Parslied Potatoes* Whole Wheat English Muffin Hot Peaches Milk</p> |
| <p>10 Creamy Paprika Chickpeas Whole Grain Penne Pasta Peas and Carrots** Whole Grain Dinner Roll Hot Applesauce* Milk</p> | <p>11 Herbed Pork Loin <i>New!</i> Cheesy Chive Potatoes* Mixed Vegetable Blend** Whole Grain Dinner Roll Fresh Pear Milk</p> | <p>12 Yogurt Dill Chicken Salad Broccoli Salad* Whole Wheat Bread Slices (2) Peaches Milk</p> | <p>13 Potato Crusted Pollock Pilaf Brown Rice <i>New!</i> Lemon Garlic Green Beans Fresh Orange* Milk Tartar Sauce</p> | <p>14 Beef/Turkey Taco Meat Pinto Beans Fiesta Vegetable Blend** Whole Wheat Tortilla Applesauce, 4.5 oz* Chocolate Milk</p> | <p>15 Breaded Chicken <i>WG Breading on Chicken</i> Country Style Gravy Whole Kernel Corn Broccoli and Cauliflower* Fresh Pear Milk</p> |
| <p>17 Cheesy Omelet O'Brien Potatoes* Whole Wheat English Muffin Hot Peaches Milk Grape Jelly</p> | <p>18 Stuffed Pepper Skillet <i>Turkey and Brown Rice in entrée</i> Succotash Fresh Orange* Milk</p> | <p>19 Tuna Au Gratin Noodle <i>Whole Grain Pasta in entrée</i> Whole Kernel Corn <i>New!</i> Honey Carrots** Applesauce, 4.5 oz* Milk</p> | <p>20 Pork Carnitas Black Beans Mixed Vegetables** Whole Wheat Tortilla Fresh Orange* Milk</p> | <p>21 Chicken Fried Rice <i>Brown Rice in entrée</i> Capri Vegetables** Broccoli* Fresh Pear Milk</p> | <p>22 Smothered Meatballs <i>Beef and Pork Meatballs</i> Egg Noodles Green Beans Hot Applesauce* Milk</p> |
| <p>24 Meatloaf w/Brown Gravy Sweet Whipped Potatoes*** Green Beans Whole Wheat Bread Fresh Apple Milk</p> | <p>25 Whole Grain Macaroni & Cheese Collard Greens*** Fresh Pear Milk</p> | <p>26 Chicken Fajita Salad Black Beans w/Corn Tossed Salad Mix** Whole Grain Tortilla Chips Fresh Orange* Milk Ranch Salad Dressing Taco Sauce</p> | <p>27 Meatball Stroganoff <i>Beef and Pork Meatballs</i> Whole Grain Penne Pasta Green Peas Applesauce, 4.5 oz* Milk</p> | <p>28 Breaded Lemon Pepper Tilapia <i>New!</i> Red Skin Mashed Potatoes* Dilled Carrots** Whole Wheat Bread Fresh Pear Milk</p> | <p>29 Whole Grain Chicken Tenders Hashbrowns Broccoli* Whole Grain Hamburger Bun Fresh Apple Milk BBQ Sauce</p> |
| <p>24 Chicken a La King Brown Rice Whole Kernel Corn Broccoli* Fresh Pear Milk</p> | | | | | |