

December 2026
Lunch Menu



COMMUNITY ACTION
OF NAPA VALLEY

PLEASE CALL (707) 253-6100 Ext. 111 FOR RESERVATIONS OR CANCELLATIONS 48 HOURS IN ADVANCE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Potato Crusted Vera Cruz Pollock Cilantro Brown Rice Fiesta Vegetables** Applesauce Fruit Cup* Milk	2 Garden Meatball Cacciatore <i>New!</i> Parmesan Whipped Potatoes* Rosemary Carrots** Whole Grain Roll Fresh Apple Milk	3 <i>New!</i> Japanese Beef Curry Whole Grain Garlic Noodles Japanese Vegetables Fresh Orange* Chocolate Milk	4 Herbed Pork Loin Whipped Sweet Potatoes*** Green Beans Whole Wheat Bread Fresh Pear Milk	5 Chopped Steak with Brown Gravy Whole Grain Macaroni and Cheese Broccoli and Cauliflower* Fresh Apple Milk
7 <i>New!</i> Vegetarian Mixed Bean Chili Brown Rice Carrots** Whole Grain Roll Pineapple Tidbits Fruit Cup* Milk	8 Krab Cake Penne Pasta Florentine** Lemon Garlic Green Beans Fresh Orange* Milk Tartar Sauce	9 Chicken and Vegetable Stew Yams** Cornbread Applesauce Fruit Cup* Milk	10 Meatloaf with Brown Gravy Garlic Whipped Potatoes* Green Peas Whole Wheat Bread Fresh Apple Milk	11 <i>New!</i> Chicken Tinga Spanish Brown Rice Fiesta Black Beans Whole Wheat Tortilla Fresh Orange* Milk	12 BBQ Pork Riblet O'Brien Potatoes Hot Pears Whole Wheat Hamburger Bun Milk
14 Swedish Meatballs <i>beef and pork meatballs</i> with Whole Grain Penne Pasta Green Peas and Carrots** Hot Applesauce* Milk	15 Cheesy Egg Patty (2) Tater Tot Casserole Broccoli* Whole Wheat Bread Fresh Pear Milk	16 Potato Crusted Pollock with Lemon Sauce Brown Rice Whole Kernel Corn Fresh Orange* Milk	17 Salisbury Steak with Burgundy Sauce <i>New!</i> Horseradish Potatoes Green Beans w/Carrots** Whole Grain Roll Fresh Apple Milk	18 Oven Fried Chicken Thigh Whole Grain Macaroni & Cheese Collard Greens*** Fresh Pear Milk	19 Stuffed Pepper Skillet* <i>made with ground turkey</i> Brown Rice Succotash Hot Peaches Milk
21 Beef Tips and Brown Gravy with Brown Rice Broccoli* Whole Grain Roll Hot Pineapple Tidbits Milk	22 BBQ Pork Riblet  Baked Beans Sweet Potato Wedges** Whole Grain Hamburger Bun Applesauce Fruit Cup Milk	23 <i>Christmas Meal</i> Brown Sugar Glazed Turkey Ham Whole Grain Cornbread Dressing Herbed Green Beans Cranberry Juice* Graham Crackers Milk	24 Chicken Jambalaya <i>Brown Rice in entrée</i> Okra & Tomatoes & Corn Cauliflower* Fresh Apple Milk	25 Lentil Stew Roasted Garlic Whipped Potatoes* Mixed Vegetables** Whole Grain Roll Fresh Pear Milk	26 Breaded Chicken <i>Whole Grain breading on chicken</i> with Country Gravy Whole Kernel Corn Broccoli and Cauliflower* Fresh Apple Milk
28 Creamy Paprika Chickpeas Sweet Potatoes*** Green Beans Whole Grain Roll Fresh Apple Milk	29 Santa Fe Beef Stew Brown Rice Broccoli and Cauliflower* Fresh Pear Milk	30 Sesame Chicken Whole Grain Garlic Noodles Ginger Carrots** Hot Applesauce Chocolate Milk	31 <i>New Year's Meal</i> Turkey Ham & Black-Eyed Peas Brown Rice Collard Greens*** Whole Grain Roll Fresh Apple Milk		

*Indicates High Vitamin C Source

**Indicates High Vitamin A Source

***Indicates High Vitamin A and Vitamin C Source



Denotes sodium > 1000mg