

November 2026

Lunch Menu



COMMUNITY ACTION
OF NAPA VALLEY

PLEASE CALL (707) 253-6100 Ext. 111 FOR RESERVATIONS OR CANCELLATIONS 48 HOURS IN ADVANCE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 <i>New!</i> Vegetarian Mixed Bean Chili Brown Rice Carrots** Whole Grain Roll Pineapple Tidbits Fruit Cup* Milk	3 Krab Cake Penne Pasta Florentine** Lemon Garlic Green Beans Fresh Orange* Milk Tartar Sauce	4 Chicken and Vegetable Stew Yams** Cornbread Applesauce Fruit Cup* Milk	5 Meatloaf with Brown Gravy Garlic Whipped Potatoes* Green Peas Whole Wheat Bread Fresh Apple Milk	6 <i>New!</i> Chicken Tinga Spanish Brown Rice Fiesta Black Beans Whole Wheat Tortilla Fresh Orange* Milk	7 BBQ Pork Riblet O'Brien Potatoes Hot Pears Whole Wheat Hamburger Bun Milk
9 Swedish Meatballs <i>beef and pork meatballs</i> with Whole Grain Penne Pasta Green Peas and Carrots** Hot Applesauce* Milk	10 Cheesy Egg Patty (2) Tater Tot Casserole Broccoli* Whole Wheat Bread Fresh Pear Milk	11 Potato Crusted Pollock with Lemon Sauce Brown Rice Whole Kernel Corn Fresh Orange* Milk	12 Salisbury Steak with Burgundy Sauce <i>New!</i> Horseradish Potatoes Green Beans w/Carrots** Whole Grain Roll Fresh Apple Milk	13 Oven Fried Chicken Thigh Whole Grain Macaroni & Cheese Collard Greens*** Fresh Pear Milk	14 Stuffed Pepper Skillet* <i>made with ground turkey</i> Brown Rice Succotash Hot Peaches Milk
16 Beef Tips and Brown Gravy with Brown Rice Broccoli* Whole Grain Roll Hot Pineapple Tidbits Milk	17 BBQ Pork Riblet  Baked Beans Sweet Potato Wedges** Whole Grain Hamburger Bun Applesauce Fruit Cup Milk	18 Chicken Jambalaya <i>Brown Rice in entrée</i> Okra & Tomatoes & Corn Cauliflower* Fresh Apple Milk	19 Lentil Stew Roasted Garlic Whipped Potatoes* Mixed Vegetables** Whole Grain Roll Fresh Pear Milk	20 Parmesan Breaded Tilapia <i>Whole Grain Penne Pasta</i> with Marinara Sauce Peas and Carrots** Fresh Orange* Chocolate Milk	21 Breaded Chicken <i>Whole Grain breading on chicken</i> with Country Gravy Whole Kernel Corn Broccoli and Cauliflower* Fresh Apple Milk
23 Creamy Paprika Chickpeas Sweet Potatoes*** Green Beans Whole Grain Roll Fresh Apple Milk	24 Santa Fe Beef Stew Brown Rice Broccoli and Cauliflower* Fresh Pear Milk	25 <i>Thanksgiving Meal</i>  Turkey w/Gravy <i>New!</i> Whole Wheat Cranberry Cornbread Dressing Herbed Green Beans Fresh Orange* Chocolate Chip Cookie Milk	26 Sesame Chicken Whole Grain Garlic Noodles Ginger Carrots** Hot Applesauce Chocolate Milk	27 Chopped Steak with Steakhouse Sauce Ranch Whipped Potatoes* Green Peas Whole Grain Roll Fresh Pear Milk	28 Turkey Taco Meat Pinto Beans Fiesta Vegetables Whole Wheat Tortilla Fresh Orange* Milk Taco Sauce
30 Chicken Shawarma Lentil Vegetable Pilaf** Broccoli* Whole Wheat Bread Fresh Pear Milk					*Indicates High Vitamin C Source **Indicates High Vitamin A Source ***Indicates High Vitamin A and Vitamin C Source  enotes sodium > 1000mg